



Behavioral Health Resources/ Recursos de Salud del Comportamiento

- **Roybal Family Mental Health Center (Child and TAY 15-24)**
4701 E Cesar Chavez Ave. 2nd Floor, Los Angeles, CA 90022
Phone: 323-267-3400
Monday - Friday/Lunes a Viernes 8am-5pm
Walk in/ Citas el mismo dia 8am-12pm
- **Hillsides (Adult and Child)**
5400 E. Olympic Blvd. Los Angeles, CA 90022
Phone: (323)274-3075
- **Enki Mental Health (Adult and Child)**
6001 Clara St. Bell Gardens CA 90201
Phone: (866) 227-1302
Monday - Friday 8:00am to 5:00pm
- **San Antonio Mental Health Clinic**
2629 Clarendon Ave. Huntington Park, CA 90255
Phone: (323) 584-3700
- **Rio Hondo Mental Health**
17707 Studebaker Rd. Cerritos, CA 90703
Phone: (562) 402- 0688
- **Harbor UCLA Outpatient Mental Health Clinic**
1000 West Carson St. Bldg D-5, Torrance, CA 906509
Phones: (424) 306-5700

Psychiatric Emergency Facilities/ Hospitales de Urgencias Psiquiátricas

- **St. Francis Medical Center**
3630 E Imperial Hwy. Lynwood, CA 90262
(310) 900-8900
(310) 900-8210
- **Bellflower Behavioral Health Hospital**
9542 Artesia Blvd. Bellflower, CA 90706
(800) 249-5551
(562) 273-1800
- **Beverly Hospital Emergency Room**
309 W. Beverly Blvd. Montebello, CA 90640
(323) 726-1222

- **Behavioral Health Urgent Center in Long Beach**

3210 Long Beach Blvd, Long Beach, CA
Phone: (562) 548-6565 Open 24 hours

- **La Casa Mental Health Urgent Care Center**

6060 Paramount Blvd, Long Beach, CA
Phone: (562) 790-1860

Medi-CAL Mental Health Services	
Health Plan	Contact Information
LA CARE (KAISER)	Los Angeles – Sunset: (323) 783-2600 Bellflower Area – Downey/Norwalk: (562) 807-6200 San Fernando Valley/Woodlawn Hills: (855)701-7955 San Gabriel Valley-Baldwin Park/West Covina: (626)960-4844 West Los Angeles: (323) 298-3100
LA CARE (Anthem)	(888) 285-7801 <i>Select options “member, “mental health and/or substance abuse” Oprime opcion para miembros y siga beneficios para “salud mental”</i>
LA CARE (Blue Shield of California- Behavioral Health)	(855) 765-9701
LA CARE (CARELON)	(877) 344-2858
Health Net/MHN	(800) 675-6110 <i>Select Option “member” and “behavioral health” prompts. Oprime 1 para miembros y siga opcion de beneficios para “salud de comportamiento”</i>
Health Net (Molina)	(833) 234-1258 Adult/Adultos (562) 506-1249 Youth/Adolescentes

Hotlines / Lineas De Apoyo

- Access Center National Mental Health Hotline / Línea de recursos y apoyo en el Condado de Los Angeles : (800) 854-7771
- Suicide Prevention and Survivor Hotline / Sobreviviente y Prevención de Suicidio: 988
- California Youth Crisis Hotline/ Línea de Crisis Juvenil de California: (800) 843-5400
- Los Angeles County Department of Children and Family Services / Departamento de Niños y Familias: (800) 540-4000
- Domestic Violence and Sexual Assault / Violencia Domestica: (800) 399-3940
- National Maternal Mental Health Hotline/ Línea Nacional de Asistencia de Salud Mental Materna Para Mamas Primerizas y Embarazadas/: (833) 852-6262
- National Sexual Assault Hotline: (800) 656-4673
- Postpartum International: (800)944-4773
- Apoyo de Posparto: (971) 203-7773

Substance Use

- LA County Treatment Referrals SUD Services: Call (800) 564-6600 or (844) 804-7500

Non-Emergency Resources / Recursos no Urgentes

- 211 LA County

Phone: 211

211 LA County is the hub for all types of health, human and social services in Los Angeles County, providing callers with information and referrals to the services that best meet their needs.

- CalHOPE Warm Line

Phone: 855-845-7415

The California Peer-Run Warm Line is a 24/7 non-crisis emotional support phone and chat line serving residents of California. The California Peer-Run Warm Line is made up entirely of peers, meaning that all Warm Line Counselors have lived experience with mental health challenges. Our goal is to support our callers in emotional distress before they reach a crisis point.

- Trevor Project Lifeline

Phone: (800) 788-7386

The Trevor Lifeline provides support to LGBTQ youths and allies in crisis or in need of a safe and judgment-free place to talk.